Analysis of extreme summers and prior late winter/spring conditions in central Europe

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Abstract. Drought and heat waves during summer in mid-latitudes are a serious threat to human health and agriculture and have negative impacts on the infrastructure, such as problems in energy supply. The appearance of such extreme events is expected to increase with the progress of global warming. A better understanding of the development of extremely hot and dry summers and the identification of possible precursors could help improve existing seasonal forecasts in this regard, and could possibly lead to the development of early warning methods.

The development of extremely hot and dry summer seasons in central Europe is attributed to a combined effect of the dominance of anticyclonic weather regimes and soil moisture–atmosphere interactions. The atmospheric circulation largely determines the amount of solar irradiation and the amount of precipitation in an area. These two variables are themselves major factors controlling the soil moisture. Thus, solar irradiation and precipitation are used as proxies to analyse extreme sunny and dry late winter/spring and summer seasons for the period 1958–2011 in Germany and adjacent areas.

For this purpose, solar irradiation data from the European Center for Medium Range Weather Forecast 40-yr and interim re-analysis dataset, as well as remote sensing data are used. Precipitation data are taken from the Global Precipitation Climatology Project. To analyse the atmospheric circulation geopotential data at 850 hPa are also taken from the European Center for Medium Range Weather Forecast 40-yr and interim re-analysis datasets.

For the years in which extreme summers in terms of high solar irradiation and low precipitation are identified, the previous late winter/spring conditions of solar irradiation and precipitation in Germany and adjacent areas are analysed. Results show that if the El Niño–Southern Oscillation (ENSO) is not very intensely developed, extremely high solar irradiation amounts, together with extremely low precipitation amounts during late winter/spring, might serve as precursors of extremely sunny and dry summer months to be expected.

1 Introduction

Extremely hot and dry summers in (central) Europe have large negative socio-economic impacts: according to the World Health Organization (WHO) more than 70,000 death in 12 European countries could be attributed to heat stress during the summer of 2003 (World Health Organization (WHO), 2010). The extreme conditions during that summer caused an estimated loss of 1 billion Euros in the crop production of Germany (Munich Re Group, 2004), and the energy sector had to cope with a lack of cooling water for power plants and an increased demand (Forster and Lilliestam, 2010). It would thus be helpful if such events could be forecast well in advance in order to install precautionary adaptation measures in due time. Understanding the reasons and/or identifying possible precursors would help to improve the forecast of such events.

However, according to recent publications, e.g. Weisheimer et al. (2011), state of the art climate models have problems simulating summer heat waves associated with droughts. The results of Seneviratne et al. (2006) and...
Vautard et al. (2007) for example, lead these authors to the conclusion that current state of the art climate models underestimate the importance of soil moisture–atmosphere feedbacks. Consequently, a lot of work has been done in recent years to better understand the processes that lead to such events (Della-Marta et al., 2007, and references therein). In this context, a lot of attention was attributed to the importance of soil moisture for the development of heat events. Seneviratne et al. (2006) found that the increase in temperature variability in central and eastern Europe, as projected by climate models, cannot exclusively be attributed to changes in the atmospheric circulation alone, but that land–atmosphere coupling needs to be accounted for. Recently Orth and Seneviratne (2012) pointed out the potential importance of soil moisture memory for the predictions of droughts and floods in Europe. Furthermore, Quesada et al. (2012) found that high precipitation amounts during winter and spring “inhibit hot summer days” in southern Europe, whereas summers after dry winter/spring seasons show either a “high or a low frequency of hot days” in this same region.

Quesada et al. (2012) further conclude that the occurrence of specific weather regimes in initially dry cases is important to the development of strong summer heat events. Other authors identified specific atmospheric circulation regimes over the North Atlantic that are connected to heat events in Europe. For example Cassou et al. (2005) attributed the occurrence of hot days over France to what they call “blocking” and “atlantic low”. Where “blocking” refers to negative pressure anomalies over Greenland and high pressure anomalies over Europe, and “Atlantic low” refers to negative pressure anomalies over the North Atlantic and positive anomalies over continental Europe. Others, for example Beniston and Diaz (2004), found that the large positive atmospheric pressure anomalies that lead to extreme summers, as the one in 2003, were associated with a northward shift of the Hadley circulation. Black et al. (2004) point to the northward displacement of the Azores high associated with a dominance of anticyclonic weather regimes, which was an important factor for the development of the 2003 European heat summer.

The aforementioned publications focus on specific factors associated with heat waves and droughts: either the synoptic scale meteorology, global circulations or the soil moisture–atmosphere feedbacks. As they all deal with similar extreme phenomena, it is likely that heat waves and droughts in central Europe are driven and affected by the combination of various meteorological processes on different scales. The current paper aims to analyse and discuss the effect of the different factors leading to heat waves and droughts in an integrated manner. The authors think that this approach provides new and additional insights into the development and preconditions of summer droughts and heat waves.

Solar irradiation and precipitation are driven by atmospheric dynamics: anticyclonic systems lead to high solar irradiation and low precipitation, cyclonic systems to the opposite. Furthermore, solar irradiation and precipitation are the major drivers of soil moisture (e.g. Orth and Seneviratne 2012), which has been shown by various authors to be an important factor in the development of heat waves (see above). In addition, solar irradiation is closely related to surface temperature during summer in central Europe (Makowski et al., 2009). Thus, these two variables are used as proxies to integratively analyse heat and drought events during summer and prior late winter/spring conditions in central Europe.

As a central aspect in this study, the following hypothesis is analysed and discussed: late winter/spring months with positive anomalies in the incoming solar irradiation at the surface and negative anomalies in precipitation indicate the occurrence of extremely sunny (and thus hot) and dry subsequent summer season in central Europe. The analysis of this hypothesis comprises discussion and analysis of atmospheric dynamics on different scales as well as soil moisture–atmosphere feedbacks and includes a literature review.

The paper is structured as follows: the data used are described in Sect. 2. The methods used to analyse the data are described in Sect. 3. The results of the analysis are presented in Sect. 4, whereas Sect. 4.1 deals with the analysis of solar irradiation and precipitation anomalies in the study area (47°N–56°N, 4°E–15°E), and anomalies in the geopotential at 850 hPa over Europe, the Mediterranean, the North Sea, and the Bay of Biscay (35°N–75°N, −10°E–25°E). Section 4.2 contains the results referring to a possible influence of the El Niño–Southern Oscillation (ENSO) on European late winter/spring and summer conditions. In Sect. 5 the major aspects of the analysis results are discussed in the context of previous and recent research. Section 6 provides a final summary of the paper.

## 2 Data

### 2.1 The solar irradiation dataset

The 23-yr climate data set of incoming solar irradiation at the surface (further referred to as solar irradiation) is based on the retrieval of cloud information from the METEOSAT Visible and Infrared Imager (MVIRI) on board the METEOSAT first generation satellites. The retrieval is based on the Heliosat method described in detail in Hammer (2001) and Hammer et al. (2003).

The original Heliosat method has been improved to better account for degradation and changes in the sensitivity of the satellite instruments and for clouds over snow (Posselt et al., 2011). Moreover, the original clear sky model of the Heliosat method has been replaced by the Mesoscale Atmospheric Global Irradiance Code (MAGIC), which is described in detail in Müller et al. (2009). The data set is provided free of charge by EUMETSAT’s (European Organisation for the Exploitation of Meteorological Satellites)
The Global Precipitation Climatology Center (GPCC) hosted at Deutscher Wetterdienst (DWD) provides gridded datasets of land-surface precipitation data with global coverage. The datasets are based on in situ gauge measurements. The method of interpolating the gauge measurements is described in Rudolf and Schneider (2005). The products provided by GPCC are described in Schneider et al. (2011). The GPCC full data product version 6, available for the period January 1958 until December 2010, is used. The period January 2011 to December 2011 is covered by the monitoring product version 4. The monitoring product is based on station data distributed via the Global Telecommunications System (GTS) of the World Meteorological Organization (WMO) and is available two months after the end of an analysis month (Schneider et al., 2011). The full data product is based on a larger number of stations than the monitoring product, the input data are quality controlled, and it is irregularly updated (GPCC, 2012).

### 2.2 The geopotential dataset

The geopotential in 850 hPa height was investigated for the time series 1958–2011 using the monthly mean of daily mean data from ERA-40 (1958–1988) (Uppala et al., 2005) and ERA-interim (1989–2011) (Dee et al., 2011).

### 2.3 El Niño–Southern Oscillation Index

The Southern Oscillation Index (SOI) is a measure of the state of the Southern Oscillation. It is a “standardized index based on the observed sea level pressure differences between Tahiti and Darwin, Australia” (NOAA, 2010). However, as the ENSO cycle is a fluctuation of sea surface temperature (SST) and atmospheric pressure in the Pacific area (NOAA, 2012), the bivariate ENSO time series (BEST index), developed by Smith and Sardeshmukh (2000) and which combines both SST and sea level pressure, is used. The BEST index is a combination of the Southern Oscillation Index (SOI) and the sea surface temperature (SST) in the region 5°N–5°S and 170°W–120°W (Niño 3.4 region). It is described in detail in Smith and Sardeshmukh (2000) and is available at http://www.esrl.noaa.gov/psd/people/cathy.smith/best/#years starting in 1871. For the current study, the mean values of December and January (DJ) based on the 1-month running means are calculated. The December/January mean is used.
since the peak of an ENSO event usually occurs “near the end of the year” (Sarachik and Cane, 2010, p. 9).

2.4 The soil moisture dataset

As supporting information, the ERA-40 (1958–1988) (Uppala et al., 2005) and ERA-interim (1989–2011) (Dee et al., 2011) monthly means of daily means of the parameter volumetric soil water are used. This parameter is available in 4 different layers: 0–0.07 m (level 1), 0.07–0.28 m (level 2), 0.2–0.7 m (level 3), and 0.7–1.9 m (level 4). The strongest variability, especially during the summer months, appears in level 1 and level 2, whereas the curves of these two levels are almost identical. It is therefore reasonable to use level 2 for the further analysis in this study.

However, Betts and Ball (1999) and Hirschi et al. (2006) found that ERA has problems correctly representing the annual cycle of soil water. To get a rough estimate on the quality of the ERA soil water data in the study area, the variance coefficient for the late winter/spring mean values (February/March/April mean) of the ERA time series (1958–2011) are compared to those of in situ measurements of two stations in Germany: one near Gießen (GI) located at 50.85° N and 8.69° E, 172 m a.s.l. (available 1997–2010) and one of the station “Falkenberg” at the Meteorological Observatory Lindenberg (MOL) located at 52.17° N, 14.12° E, 73 m a.s.l. (available 2000–2010). The variance of the ERA data and the in situ measurements show large differences. For FMA/JJA the variance of the in situ measurements are about 0.1/0.15 (GI) and 0.13/0.34 (MOL) compared to values for the ERA data of 0.03/0.06 near GI and 0.03/0.07 near MOL. This indicates that ERA data might not be well suited for the analysis of inter-seasonal variations. However, it is assumed that the general characteristics of the extreme events discussed here, i.e. the serious droughts during the summer months of the years in question, are reasonably captured.

3 Method

It is hypothesised that the most extreme summer seasons in terms of solar irradiation and drought in the study area comprising Germany and adjacent areas (47° N–56° N, 4° E–15° E, see also Figs. 1 and 2) are preconditioned during the preceding late winter/spring months of the respective year. Here, late winter and spring are defined as February/March/April (FMA) and February/March/April/May (FMAM), respectively.

To get a first impression on the relation of solar irradiation and precipitation regimes in late winter/spring and the following summer season the lagged auto correlation coefficients according Pearson (Wilks, 2006, p. 50ff) are calculated. The hypothesis that signals of approaching and extremely sunny and dry summer seasons in central Europe are visible in the preceding late winter/spring months is then tested applying the following analysis.

First, to account for the study area as a whole, the sums of the monthly means of solar irradiation and precipitation are determined. From these sums the regional means of the study area are calculated for the two late winter/spring seasons February/March/April (FMA) and February/March/April/May (FMAM) and for the summer season June/July/August (JJA). The result is the seasonal region mean (SRM) defined as

$$\text{SRM} = \frac{1}{n} \sum_{i=1}^{n} x_i$$

where SRM is seasonal region mean;

- season is the period of successive calendar months;
- \(n\) is the number of pixel/grid boxes within the study area;
- \(i\) is the counter;
- \(x_i\) is the monthly mean value of parameter;
- \(x\) at pixel/grid box \(i\) of the study area.

Second, to analyse the most extreme sunny and dry summers regarding the characteristics of solar irradiation and precipitation during their preceding late winter/spring season, the upper/lower percentiles of SRM\(_{\text{JJA}}\) of solar irradiation and precipitation are identified.

An extremely sunny and dry summer is defined as being among the \(X\)-th upper/lower percentile regarding SRM\(_{\text{JJA}}\) of solar irradiation and precipitation at the same time. For the years with extremely sunny and dry summers, the preceding late winter/spring seasons FMA and FMAM, respectively, are analysed with regard to SRM of solar irradiation and precipitation. The analysis is also performed regarding the sensitivity to the selection of the \(X\)-th percentile. Therefore two modes of analysis are applied:

- Analysis of highly extreme events: upper/lower 10th percentile of SRM of solar irradiation AND precipitation in late winter/spring and summer.
- Analysis of all extreme events: upper/lower 20th percentile of SRM of solar irradiation AND precipitation in late winter/spring and summer.\(^1\)

Based on the results of these two modes of analysis, the probability of occurrence \(p_{\text{all}}\) of an extremely sunny and dry summer season in the entire 54-yr time series is calculated, as well as the probability of occurrence \(p_{\text{precond}}\) of such a summer season after extremely sunny and dry late winter/spring seasons:

$$p_{\text{all}} = \frac{n}{N_{\text{all}}}$$

$$p_{\text{precond}} = \frac{n}{N_{\text{extreme FMA(M)}}}$$

\(^1\)Note that the highly extreme events are part of all extreme events, but not vice versa.
Fig. 1. Seasonal anomaly of solar irradiation (W m$^{-2}$) in 1976, 1983, 2003, and 2011. Left column: FMA anomaly, right column: JJA anomaly.
Fig. 2. Seasonal anomaly of precipitation (mm month$^{-1}$) in 1976, 1983, 2003, and 2011. Left column: FMA anomaly, right column: JJA anomaly.
Fig. 3. SRM anomalies of solar irradiation (W m$^{-2}$) during FMA (green), FMAM (blue), and JJA (red) in all years of the time series 1958–2011. Years marked with “x” are the 10% with the highest SRM$_{JJA}$ anomalies in the time series. Years additionally marked with their date are discussed in Sect. 4 and/or Sect. 5.

where

$p_{\text{all}}$ is the probability of occurrence of an extremely sunny and dry summer in the entire 54-yr time series;

$N_{\text{all}}$ is the number of all years in the time series;

$n$ is the number of extremely sunny and dry summers;

$p_{\text{precond}}$ is the probability of occurrence of an extremely sunny and dry summer after extremely sunny dry late winter/spring season;

$N_{\text{extreme FMA(M)}}$ is the number of years in the time series with extremely sunny and dry summers.

In addition to the two surface parameters, the atmospheric circulation of the extreme years are analysed using the anomalies of geopotential in 850 hPa height of late winter/spring and summer. The seasonal anomalies of the geopotential are calculated as the deviation of the seasonal mean from the long-term seasonal mean of the 54-yr time range 1958–2011.

The results of the analysis described above are presented in the following section.

4 Results

The probability of occurrence of a hot and dry summer among the highly extreme events and among all extreme events is 0.05 and 0.09, respectively. The lagged autocorrelation coefficients of the SRM values between FMA(M) and the proceeding JJA are 0.21 (0.24) for solar irradiation and 0.1 (0.1) for precipitation regarding the entire time series 1958–2011. However, these values are dominated by the majority of years in which no extremely hot and dry late winter/spring and summer seasons, respectively, occurred.

Figures 3 and 4 show the SRM anomalies for solar irradiation and precipitation, respectively, for late winter/spring (green and blue, respectively) and summer (red). The five years with the largest positive (negative) anomalies in solar irradiation (precipitation) during summer are marked with an “x”. Summer seasons marked in both plots are regarded as (highly) extreme sunny and dry summers, i.e. 1976, 1983, and 2003. Two of these summers, namely 1976 and 2003, have preceding late winter/spring seasons with positive (negative) anomalies in solar irradiation (precipitation), whereas in 1983 the anomalies of solar irradiation and precipitation have opposite signs during late winter/spring compared to the following JJA season. The extreme summers of 1976 and 2003 are discussed in detail in several publications, e.g. Schär and Jendritzky (2004), Deutscher Wetterdienst (1976), Deutscher Wetterdienst (2003). In contrast, the summer of 1983 is not discussed as much in the literature as the other two extreme events. However, it is mentioned in the analysis of European heat waves with respect to the influence of the tropical Atlantic of Cassou et al. (2005) in the context of ENSO influence (discussed later in this paper).

4.1 Regional anomaly analysis

The analysis of extremely sunny and dry summers and their preceding late winter/spring conditions is conducted regarding two definitions of late winter/spring: February/March/April (FMA) and February/March/April/May (FMAM). The results for the two analysis modes applied are shown in Table 2, which accounts for all extreme events and highly extreme events, respectively, (see Sect. 3). Besides extremely sunny and dry summer seasons with preceding similarly extremely sunny and dry FMA(M) seasons, the analysis reveals two categories of years in which the FMA(M)–JJA connection, in terms of large solar irradiation excess and precipitation deficit does not exist in either season:

- A. Sunny and dry summers without preceding late winter/spring season with positive/negative anomalies in solar irradiation/precipitation.

- B. Sunny and dry late winter/spring seasons with following summers with close to normal or slightly negative/positive anomalies in solar irradiation/precipitation.

The analysis of the highly extreme events reveals that two out of three highly extremely sunny and dry summers have preceding highly extreme FMA(M) seasons with regard to positive anomalies in solar irradiation and negative anomalies in precipitation. Here it makes no difference if the late winter/spring season is defined as FMA or FMAM, the results are the same for either definition. In this mode, the probability for a highly extremely sunny and dry summer to occur after a highly extreme FMA(M) seasons is raised to 0.67, as opposed to 0.05 after any FMA(M) season. Thus, highly extreme sunny and dry summers are often preconditioned in FMA(M). However, the analysis of highly extreme
The analysis of all extreme events reveals that two (three) out of six extreme sunny and dry summers have preceding FMA(M) seasons showing similar anomalies in solar irradiation and precipitation, respectively. Furthermore, the analysis of all extreme events, filters six additional years with decoupled FMA/JJA seasons than the analysis of the highly extreme events: three of category A (1959, 1964, 1994) and three of category B (1974, 1982, 1993). Defining late winter/spring as FMAM, four additional years with decoupled late winter/spring seasons than in the analysis of the highly extreme events: two of category A (1964, 1994) and two of category B (1982, 1993). Analysing all extreme events, the probability for an extremely sunny and dry summer to occur is 0.34 (0.5) after a similarly extreme FMA(M) season. However, both values are below the probability of occurrence found in the analysis of the highly extreme events. For all extreme summer seasons, May has a positive effect in pre-conditioning.

Extremes leading to serious droughts and prolonged heat waves in central Europe are characterised by their low frequency of occurrence. Hence it should be expected that any pre-conditioning of extreme summers by late winter/spring conditions is more pronounced for the highly extreme events. The results support this assumption. Thus, for the remainder of this paper we focus on the highly extreme events. As shown above, the inclusion of May does not affect the results. May is therefore not considered for the late winter/spring conditions further on.

The analysis reveals that the highly extreme sunny and dry summers in the time series, 1976 and 2003, have preceding FMA seasons with already large positive anomalies of solar irradiation and large negative anomalies of precipitation. In accordance with that, a clear positive anomaly of the geopotential is visible north of 45°N and central Europe, respectively, in FMA and JJA of both years, whereas the JJA anomaly is stronger in 1976 than in 2003 (Fig. 5). In FMA 1976 the positive geopotential anomaly reaches from the British Islands over the North Sea and enlarges in latitude direction towards Scandinavia and eastern Europe, covering the Benelux and Germany. In the following summer season, the spatial extent of the strongest anomaly is reduced and covers mainly the British Islands, the North Sea, parts of northern France, Benelux, the northern half of Germany and large parts of Scandinavia. The anomaly in eastern Europe is reduced compared to the prior FMA. Also in 2003 the positive geopotential anomaly is larger and more spread out in FMA than in JJA. Compared to 1976 the FMA anomaly of the geopotential is stronger, and the subsequent JJA anomaly is weaker but larger in its spatial extent, covering almost all of the Europe. The dominance of the high-pressure systems in FMA in 1976 and 2003 (Fig. 5) leads to enhanced solar irradiation values at the surface and less precipitation than normal (Figs. 1 and 2). These two factors enhance the evapotranspiration and hence the drying of the soils. The already dry soils in late winter/spring, combined with the low precipitation amounts throughout FMA and the following summer months, result in extremely low soil moisture conditions (Fig. 6). Under these conditions convective precipitation is not favoured and the negative precipitation anomaly, and thus also the negative soil moisture anomaly, further increases. Thus, the missing convection leads to an increased positive solar irradiation anomaly due to a lower cloud coverage than usual, which in turn leads to enhanced solar irradiation. The lack of soil moisture, together with the high amount of solar irradiation, most probably leads to a strong increase in sensible heat flux and only a minor increase in latent heat flux, i.e. an increased Bowen ratio (Bowen, 1926), which in turn leads to even dryer soils (Fig. 7). This proposed mechanism is also supported by the findings of other authors: e.g. Zampieri and D’Andrea (2009) (see Sect. 5).

Even for the highly extreme late winter/spring and JJA seasons, respectively, two “disconnected” years are discovered: the highly extreme hot and dry summer of 1983 does not have a preceding sunny and dry late winter/spring, but the contrary (category A). In 2011 the FMA/JJA relation likewise behaves...
Table 2. Results of the analysis. Highly extreme events: upper/lower 10th percentile of solar irradiation/precipitation in FMA and JJA. Extreme Events: upper/lower 20th percentile of solar irradiation/precipitation in FMA/FMAM and JJA.

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<th>Years with synoptically</th>
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<th>preceding mean DJ BEST index</th>
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<td>pre-conditioned FMA</td>
<td>pre-conditioned FMAM</td>
<td>sunny and dry JJA</td>
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<td>1976</td>
<td>1976</td>
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<td>1983</td>
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<td>2011</td>
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the opposite: the highly extreme sunny and dry FMA season was followed by a close to normally sunny and rather rainy summer (category B). Logically also the geopotential anomalies in those years look opposite: 1983 is characterized by a negative anomaly in FMA and a clearly positive anomaly centered over the British Islands and the North Seas reaching northern France, Benelux, Germany, Denmark and southern Scandinavia and becoming weaker further east. The contrary is the case in 2011: FMA is characterized by a strong positive geopotential anomaly centered over the northern half of Germany, Denmark and the North Sea and the following JJA is characterized by a negative geopotential anomaly centered over the British Islands and covering most of Europe. The consequences of the geopotential anomalies in FMA and JJA in 1983 (2011) can be seen in Figs. 1 and 2: negative (positive) anomaly in solar irradiation, positive (negative) anomaly in precipitation during FMA and positive (negative) anomaly in solar irradiation, negative (positive) anomaly in precipitation in JJA.

A possible explanation for the “missing” FMA/JJA connection in these two years (despite the large anomalies in FMA (2011) and JJA (1983)) might be a “global” extreme climate event, which might lead to extreme seasons without synoptic-scale late winter/spring-summer connections of the extremes (as apparent in 1976 and 2003). Hence, the reason for the extremes in 1983 and 2011 might be forced by extremes in global oscillations and not by forces on synoptic scale. For such extremes it cannot be expected that connections/pre-conditions are apparent in the synoptic scale. This might explain the “disconnection” of late winter/spring and summer extremes in 1983 and 2011. Such a “global” extreme event could be the El Niño Southern Oscillation (ENSO). Its effect on extremes is discussed in the following subsection.

4.2 Potential impacts of regional and global circulation anomalies

A measure for the state of the Southern Oscillation is the BEST index (Smith and Sardeshmukh, 2000) (Sect. 2). The mean BEST index of the December/January (DJ) season 1982/1983 was 2.57 (Table 2) (Sardeshmukh and Smith, 2012), indicating a strong El Niño event prior to the extreme summer 1983, which is not pre-conditioned in late winter/spring. Cassou et al. (2005) speculate that the notably anomalous conditions during 1983 might be a consequence of the post-El Niño influences in the western tropical Atlantic and over Africa. Alternatively, these ENSO-related teleconnections might have affected the conditions during FMA 1983. At that time the geopotential anomaly is (slightly) negative over the study area and adjacent regions, indicating a dominance of cyclonic conditions that result in a negative anomaly in solar irradiation and positive anomaly in precipitation (Figs. 1 and 2). A dominance of cyclonic conditions in southern and central Europe connected to El Niño events is described by Frädrich (1994), who found that this connection is strongest in January and February after the peak of the El Niño event. This could explain why the summer of 1983 was extremely hot and dry, whereas the prior FMA season was dominated by cyclonic conditions with low values of solar irradiation and high amounts of precipitation and soil moisture.

The contrary, a very strong La Niña event, indicated by an extremely low mean DJ BEST index of −2.71 (Table 2) (Sardeshmukh and Smith, 2012), is observed prior to JJA 2011. The FMA conditions in 2011 showed a clear signal for a hot and dry summer to be expected: a clear positive anomaly in the geopotential centered over central Europe is visible (Fig. 5). Consequently, the anomalies of solar irradiation
irradiation and precipitation, relative to the mean of the period 1958–2011, are among the highest and lowest, respectively, in the time series. However, other than expected from the FMA conditions, the JJA anomaly in the geopotential over Europe is only slightly positive over parts of Scandinavia and close to normal and slightly negative, respectively, over most of Europe (Fig. 5). In the study area, the solar irradiation is overall close to normal and the positive precipitation anomaly is among the highest of the time series (Figs. 3 and 4). These observations fit well with the results of Fründlich (1990) and Fründlich and Müller (1992), who found enhanced anti-cyclonic conditions over Europe and a northward shift of the cyclone track during La Niña events, inducing negative precipitation anomalies in the area of (south)western Europe to the Black Sea, and negative pressure anomalies over northern Europe. Most of these observations are also seen in 2011: a positive geopotential anomaly centered over central Europe and covering large parts of the continent, including most of Scandinavia. The latter differs from the observations of Fründlich and Müller (1992),
however, it is assumed that the cyclonic storm track during the 2010/2011 La Niña event is shifted further north than during other events. The reason might be the strength of this event, reaching a BEST index of −3.02 in February 2011, which is the smallest monthly mean value in the time series since 1871–2011.

Investigating all the FMA and JJA seasons in the time series that have preceding DJ periods with absolute mean BEST indices of larger than 2 reveals one more year with an extreme ENSO event: 1997/1998, with a mean DJ BEST index of +2.23, indicating a strong El Niño event. However, 1998 is a rather inconspicuous year in the context of solar irradiation and precipitation anomalies in late winter/spring and summer. The late winter/spring season in 1998 shows close to neutral anomalies in precipitation (slightly positive SRMFMA anomaly and slightly negative SMRFMAM anomaly) and slightly negative anomalies in solar irradiation. The proceeding summer season (1998) had a clear negative anomaly of solar irradiation (Fig. 3) and a normal SRMJJA value of precipitation (Fig. 4).

4.3 Synthesis of the results

The relative short time frame of the datasets available limits the statistical evidence of the results presented. However, this handicap is reduced by an extensive analysis of the apparent extremes. The results are therefore not only based on statistics, but support the hypothesis that the following relationship exists: extremely sunny and dry summer seasons in central Europe are pre-conditioned/connected with respective extremes in the preceding late winter/spring season on a synoptic scale. The late winter/spring conditions might indicate an equilibrium position of the system which persists into the summer season. The synoptic-scale connection of the late winter/spring and summer extremes might be useful to support the forecast of extreme droughts and prolonged heat waves in central Europe.

However, the analysis of the global system reveals that the synoptic-scale connection might be disturbed by large-scale atmospheric teleconnections with the ENSO circulation. If the DJ mean BEST index prior to the summer season is higher than +2, indicating a strong El Niño event, it is not sure whether the upcoming JJA season might be extremely sunny and dry (1983) or not (1998), even if there was no such signal in the prior FMA season. On the other hand, if the DJ mean of the BEST index is below −2, the probability for the following JJA season to be extremely sunny and dry might not be enhanced, even if there is a clear signal for such an event based on the FMA conditions in solar irradiation and precipitation.

Taking the 54-yr time series investigated as the main unit, the probability of occurrence for a highly extreme sunny and dry summer, (see Sect. 3), is 0.05 (3 out of 54). In the case of a preceding highly extreme sunny and dry FMA season, the probability of occurrence of a highly extreme summer is raised by a factor of 13.4 to 0.67 (2 out of 3). Accounting for extreme ENSO conditions, which might disturb the possible FMA/JJA connection, the probability of a highly extreme sunny and dry summer to occur after a highly extreme FMA seasons, given that no extremely strong ENSO conditions occurred in the respective winter season, is raised to 1 (2 out of 2).

In the following section the results presented are put into context with other relevant studies previously published.

Fig. 6. SRM anomalies of volumetric soil water (m$^3$ m$^{-3}$) during FMA (green), FMAM (blue), and JJA (red) in all years of the time series 1958–2011. Years marked with their date are discussed in Sect. 4 and/or Sect. 5.

Fig. 7. Feedback loop of solar irradiation–soil moisture.
5 Discussion

The results presented in Sect. 4 reveal that the most extreme sunny and dry summer seasons in the time series investigated, 1976 and 2003, had preceding FMA seasons with extreme anomalies of solar irradiation and precipitation of the same sign as the following JJA season. In these two extreme years, the predominance of anticyclonic conditions during FMA, coming along with large anomalies in solar irradiation and precipitation, preconditions the subsequent extremely sunny and dry summer seasons (JJA). The high solar irradiation and low precipitation values linked with the pre-conditioning enforce the positive feedback loop described in Sect. 4 and Fig. 7 (high solar irradiation – dry soils – enhanced sensible heat flux and reduced latent heat flux – less rain/clouds – higher solar irradiation). This theory is well supported by the findings of several authors: Ratcliffe (1978) estimated that during the drought that hit the British Island in summer 1976, only 10% of the solar energy available in June of that year was transformed into latent heat flux and about 90% (as opposed to usually 53%) to sensible heat flux. Koster et al. (2004) separated the impact of soil moisture and other factors influencing precipitation using atmospheric general circulation models. Koster et al. (2004) generated a global map of land–atmosphere coupling strength (their Fig. 1) based on atmospheric general circulation models. Even if central Europe is not a hot spot on this map, Koster et al. (2004) claim that soil moisture can be expected to influence precipitation in regions where evapotranspiration is suitably high, but still sensible to soil moisture. By comparing regional climate simulations of a coupled atmosphere–land-surface model scheme to an uncoupled model scheme for selected summer heat waves in Europe, Fischer et al. (2007) estimated that land–atmosphere interactions over dry areas increase the number of heat days by 50–80%. Wang et al. (2011) supported the findings of Fischer et al. (2007) by analysing observational data of the Mediterranean region. Zampieri and D’Andrea (2009) found that spring droughts in the Mediterranean favor the development of strong heat events in “temperate continental Europe”, and Hirschi et al. (2011) point out the importance of soil-moisture deficit for the development of strong heat waves in southeastern Europe.

Although the land–atmosphere interactions seem to be an important trigger in the development of extremely sunny and dry summers, it is obvious that the occurrence of the predictor variables used here, solar irradiation and precipitation, are related to specific circulation patterns in the ocean–atmosphere systems not considered in the presented phenomenological-driven model. For example, Cassou et al. (2005) found that two large-scale atmospheric circulation patterns that favour the occurrence of hot days in France: the so called “blocking” and the so called “Atlantic low”. The “blocking” refers to a positive North Atlantic Oscillation (NAO+) pattern, i.e. negative anomaly over Greenland and high pressure anomaly over Europe. During “blocking” conditions, extra-tropical frontal systems are deflected northwest and suppress “the local convective instabilities, leading to light winds, dryness, clear skies and warming” (Cassou et al., 2005), whereas during an “Atlantic low”, strong negative pressure anomalies occur over the north Atlantic and “weaker positive anomalies” over continental Europe and “the advection of warm air masses from northern Africa and the Mediterranean basin dominates” (Cassou et al., 2005). Spatio-temporal analyses have shown for instance that the heat wave in summer 2003 was related to large positive anomalies in the monthly 850 hPa pressure field, reaching towards the British Isles and showing a northward shift of the Hadley circulation (e.g. Beniston and Díaz 2004). This is now confirmed by the current study for the highly extreme heat waves of the record (Figs. 1, 2 and 5). In this context, Ogi et al. (2003, 2004a) revealed that these pressure anomalies are related to dipole structures in the North Atlantic pressure and sea level pressure fields, which relates to North Atlantic Oscillation (NAO) and the Arctic Oscillation (AO) pattern. By using results of spatial correlation analyses, they also stressed that there is a clear relation of winter, spring and summer circulation patterns influencing temperature anomalies over Europe and other regions. Ogi et al. (2004b) found that the seasonally varying Northern Annular Mode index (SV NAM index), which reflects AO/NAO conditions, in winter is highly correlated with pressure anomalies in summer over the British Isles, which are proven in this study to be related to the establishment of extreme summer heat waves. The winter-summer relations of atmospheric circulation patterns is hypothesised to be coupled with Arctic coast and Eurasia snow cover variability with feedbacks to temperature (Ogi et al., 2004b). Future research might investigate if the inclusion of large-scale circulation mode (as NAM) could improve the prediction quality of heat waves.

However, the analysis also reveals that the extremely sunny and dry summer in 1983 is not preceded by an FMA season with solar irradiation anomalies and precipitation anomalies of the same sign as during JJA, and that after the extremely sunny and dry FMA season 2011, a summer season of close to normal to even slightly below (above) average conditions regarding solar irradiation (precipitation) followed (Figs. 1 and 2). These observations fit well with the ENSO conditions of the preceding December/January (DJ) periods, in that the mean BEST index shows the opposite sign in DJ 1982/1983 and DJ 2010/2011. The observed effects of the (extreme) ENSO conditions and the (probably connected) synoptic characteristics in Europe are also described by various authors (Sect. 4): as a consequence of the conditions found in 1983 and 2011 and based on the results of Fröhlich (1990, 1994), Fröhlich and Müller (1992), and Cassou et al. (2005), it is assumed that under extreme ENSO conditions, the FMA/JJA relation, with regard to strong positive (negative) anomalies of solar irradiation (precipitation) in central Europe, a differentiation between El Niño and La
Niña can be made: during strong El Niño conditions as observed in the winter month 1982/1983 (mean DJ Best index: 2.57) and 1997/1998 (mean DJ BEST 2.23), an extremely sunny and dry summer might occur (1983) or not (1998), although there is no signal in the FMA season observed. El Niño-induced disturbances might be the reason for the decoupling of FMA and JJA conditions in the case of extremely sunny and dry summer seasons. On the other hand, if extreme La Niña conditions occur in the preceding DJ period, as in 2010/2011 (mean DJ BEST = −2.71), the following summer season might not be extremely sunny and dry (2011), although the FMA conditions show a clear sign for an extremely sunny and dry summer. In these situations the extreme FMA conditions might be due to the La Niña induced large-scale disturbances, which might terminate as the ENSO conditions return back to “normal”. Thus the synoptic-scale late winter/spring-summer connection does not occur in post- extrem La Niña years.

The analysis presented is undertaken for the study area 47° N–56° N, 4° E–15° E. However, the findings might also be valid for other areas. For example Hirschi et al. (2011) found that drier surface conditions lead to an intensification of hot extremes in southeastern Europe; Barriopedro et al. (2011) came to similar conclusions for the hot summer of 2010 in western Russia, and Wang et al. (2011) found similar relationships in the Mediterranean. A first attempt to check if the results are valid for a larger area is made, by applying the methods described to the region 30° N–70° N, −20° E–70° E (not shown). This larger area seems to be too large for an FMA/JJA relation in terms of solar irradiation excess and precipitation deficit. Within this larger area, many different mechanisms apply (different synoptic regimes at a time, different regional phenomena), such that positive and negative anomalies of the variables in question equalize. However, as indicated by other authors, the mechanisms found might be valid for other areas within Europe other than the region under investigation in this study (Frädrich et al. 2007, Wang et al. 2011, Hirschi et al. 2011, Zampieri and D’Andrea 2009, see above).

6 Conclusions and outlook

In this study the conditions of the late winter/spring seasons prior to extremely sunny and dry summers in central Europe are investigated using solar irradiation and precipitation as proxies. These two variables serve as proxies since (1) they are driven by synoptic-scale circulations and (2) they themselves are important factors determining soil moisture (e.g. Orth and Seneviratne 2012). And both, synoptic-scale circulations (e.g. Cassou et al. 2005) as well as internal feedback mechanisms associated with soil moisture, are important in the development of extreme summer heat waves in central Europe (e.g. Seneviratne et al. 2006, Hirschi et al. 2011). The analysis is mainly based on observations of solar irradiation derived from satellites (MAGIC SOL) and re-analysis data (ERA-40/ERA-Interim), and on in situ measurements of precipitation (GPCC). A hypothesis is tested which states that summers with extremely high amounts of solar irradiation and large negative anomalies of precipitation in central Europe are indicated by prior late winter/spring seasons that show the same direction of anomalies in these variables.

The results presented support this hypothesis for the highly extreme summer seasons regarding high amounts of solar irradiation and low amounts of precipitation. The predominance of anticyclonic atmospheric circulation regimes seems to be a prerequisite for the development of very extreme summers. However, the hypothesis is refuted in years following extremely strong La Niña and El Niño events. In these years the late winter/spring – summer connection of the dominance of anticyclonic conditions in central Europe seems to be disturbed. This fits well with findings published by other authors (Frädrich 1990, Frädrich 1994, Frädrich and Müller 1992, and Cassou et al. 2005).

Recent publications of Ogi et al. (2003) and Cassou et al. (2005), describe some large-scale atmospheric circulation characteristics related to extreme summer conditions in Europe. This large-scale atmospheric circulation regimes might induce the development of late winter/spring conditions with extremes in solar irradiation and precipitation, leading to soil moisture deficits and subsequently inducing the positive feedback-loop described in Sect. 4.1. If these conditions remain in their basic characteristics throughout summer, or reappear due to some kind of memory in the large-scale circulation, then extreme summers (as the ones in 1976 and 2003) develop. In other words, the soil–atmosphere feedback resulting from certain large-scale atmospheric patterns might then foster and stabilize the conditions for highly extreme hot and dry summers in (central) Europe (see also Ratcliffe 1978 and Fischer et al. 2007).

However, global circulation anomalies connected to extreme ENSO events might disturb this interaction between synoptic-scale circulations and internal feedback mechanisms.

Based on the results presented, an early warning method for extreme summers in central Europe could possibly be developed using the following row of decisions: if the ENSO in the winter (DJ) season prior to the summer in question is not in an extreme state (i.e. −2 < mean DJ BEST index > +2) and if the SMR_{FMA} values of solar irradiation and precipitation are within the upper and lower 10th percentile, respectively, a highly extreme sunny and dry summer with SMR_{JJA} values of solar irradiation and precipitation exceeding the 90th percentile and undermining the 10th percentile, respectively, can be expected.

To improve the conclusiveness of the statistics, a prolongation of the time series would be very important, but is limited by the availability of appropriate gridded data sets.

Acknowledgements. The work presented in this paper has been partly funded by EUMETSAT in the context of the CM SAF as part of the Satellite Application Facilities Network. In this study, radiation parameters of the ECMWF re-analysis datasets ERA-40 (Källberg et al., 2005) and ERA-Interim (Berrisford et al., 2009) were used. They were obtained from the ECMWF MARS archive. The precipitation data used were obtained from the Global Precipitation Climatology Project hosted at Deutscher Wetterdienst in Offenbach, Germany (http://gpcp.dwd.de). The authors thank Ludger Grünhage (University of Gießen) for providing soil moisture data of the Environmental Monitoring and Climate Impact Research Station Linden. Thanks to Jörg Trentmann and Uwe Pfeifroth for their support concerning the usage of the software “R” and fruitful discussions. Thanks to the anonymous reviewers for their constructive criticism and valuable hints to improve the paper.

Edited by: A. Mugnai
Reviewed by: three anonymous referees

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